

# FAMILIES FOR HOME EDUCATION (FHE)

## What is FHE?

Families for Home Education is the oldest and largest homeschool organization in Missouri; serving ALL home educators since 1983. FHE is operated by a volunteer board of directors, and maintains a lobbyist in Jefferson City throughout the legislative session.

For 40 years, FHE's message has remained the same. We exist to recognize and protect the right of every parent in Missouri to educate their child at home. We seek no financial aid from any government entity, and we ask for no further restrictions on the current statute governing home education in Missouri.

FHE has had many board members, directors, and lobbyists over the years. But the message remains the same. No board member has ever received compensation for their service. Some expenses may be covered, but we remain an all-volunteer organization since 1983. Our strength comes from our membership.

## What does FHE do for Homeschoolers in Missouri?

- FHE maintains a lobbyist in Jefferson City throughout the entire legislative session.
- FHE publishes *First Things First*, a guide for the Missouri Home Educator, providing complimentary copies to libraries, media, school officials, and support group leaders when needed.
- FHE publishes the Homeschool Journal for maintaining your records/hours.
- FHE supplies speakers for your support group meetings or local events and provides informational booths at local events and homeschool conventions.
- FHE publishes a newsletter, the *FHE Bulletin*, twice a year.
- FHE maintains a legislative alert network to keep you informed when the need arises for quick communication with your legislator regarding pending legislation.
- FHE maintains a website and a toll-free phone line in order to provide service and legally accurate information to home educators throughout the state.
- FHE maintains relationships and communication with HSLDA, working hand-in-hand to ensure your right to home educate in the state of Missouri.
- FHE holds workshops and special events for new home educators in order to connect them with the homeschool community and provides materials and information.
- FHE has acted as a liaison for home school families with the Department of Elementary and Secondary Education, and with the Department of Social Services in Missouri.
- FHE holds an annual homeschool day at the state capitol.

Families for Home Education  
PO Box 261, Maryville, MO 64468  
877-MYMOFHE  
(877-696-6343)

[info@fhe-mo.org](mailto:info@fhe-mo.org)  
[www.fhe-mo.org](http://www.fhe-mo.org)



5-12-24 (with August changes)

## Things you need to know:

Checklist for getting started  
Missouri Homeschool Statutes  
Withdrawal letter  
Special Needs – IEP letter  
First Things First book  
Homeschool Journal  
Membership (\$20/year)  
Find Your FHE Region

<https://fhe-mo.org/gettingstartedchecklist>  
<https://fhe-mo.org/missourilaw>  
<https://fhe-mo.org/withdrawalletter>  
<https://fhe-mo.org/specialneeds>  
<https://fhe-mo.org/fhebooks>  
<https://fhe-mo.org/fhebooks>  
<https://fhe-mo.org/join>  
<https://fhe-mo.org/regions>

## Facebook Pages:

Families for Home Education business page

<https://www.facebook.com/FamiliesforHomeEducation/>

MO Homeschooling Parents

<https://www.facebook.com/groups/131009374289175/?ref=bookmarks>

MO Homeschooling High School

<https://www.facebook.com/groups/1972452393073281/>

## Annual Homeschool Day at the Capitol

March 4, 2025 (First Tuesday in March)



## First Things First resource book

\$10 donation + \$5 shipping

Contains all parts of the Missouri legislative statute that pertain to home education, along with a summary of the law in layman's terms and clear definitions of how to work within these statutes in your own home. We have also included sample logs and other forms. It also includes curriculum and special needs resources, what to do when someone knocks on your door, how to handle a jury duty summons, and so much more.



Homeschool  
Journal

Student Name:  
School Year/Grade:

## Homeschool Journal

\$20 donation + \$7 shipping

All your record keeping and hour tracking sheets in one place. Plus extras like Field Trips, Thinking Outside the Box, Books Read, etc.



"Serving Missouri Home Educators Since 1983"



P.O. Box 261, Maryville, MO 64468

1-877-696-6343

info@fhe-mo.org

www.fhe-mo.org

The purpose of FHE is to protect the inalienable right of the parents in the state of Missouri to teach their own children without state regulation or control.

FHE represents and supports the rights of all home educators in the state and is not affiliated with any religious or political organization, or special interest group. We work to win support for home education among the general public and before lawmakers and public officials. Closely monitoring legislative activity in the state capitol, through our registered lobbyist, is one of our most important activities. FHE provides legally accurate information to anyone interested in home education.

Region 1 (North West) 877-696-6343 ext. 1 region1director@fhe-mo.org	Region 5 (St. Louis, MO and Surrounding Area) 877-696-6343 ext. 5 region5director@fhe-mo.org
Region 2 (North East) 877-696-6343, ext. 2 region2director@fhe-mo.org	Region 6 (South West) 877-696-6343, ext. 6 region6director@fhe-mo.org
Region 3 (N. MO and Surrounding Area) 877-696-6343, ext. 3 region3director@fhe-mo.org	Region 7 (South Central) 877-696-6343, ext. 7 region7director@fhe-mo.org
Region 4 (Central) 877-696-6343, ext. 4 region4director@fhe-mo.org	Region 8 (South East) 877-696-6343, ext. 8 region8director@fhe-mo.org

**Membership has its privileges...**

FHE members enjoy many services, including: (1) FHE Bulletin newsletters informing them of legal and other issues that affect home educators in Missouri (2 times a year), (2) FHE seals for high school diplomas for a nominal donation, (3) help with contacts by government officials, (4) representation in Jefferson City by the registered FHE lobbyist, (5) **Email alerts and notices** (please add info@fhe-mo.org to your email address book), (6) Member Resources: Lesson Plan Book, Excel Hour Log, fillable transcripts, Teacher ID's, and more, (7) **HSLDA discount group # 294058**.

**PLEASE PRINT CLEARLY:**

First/Last Names: \_\_\_\_\_ Spouse: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_

As an FHE member you will be added to the FHE email list to receive alert notices, newsletter website posting, and occasional informational email. If you do NOT want to receive these emails please check here: \_\_\_\_\_

Date: \_\_\_\_\_

**Make Checks to Families for Home Education, Inc.**

- 1 Year Membership (\$20 annually) \$ \_\_\_\_\_
- 2 Year Membership (\$35 biennial) \$ \_\_\_\_\_
- Already a member? Auto Renew **ONLINE ONLY** (\$18.00 annually after 1st year)

**First Things First: A Guide for the Missouri Home Educator (80 page booklet)**  
**HomeSchool Journal for Missouri Record Keeping (132 pages)**

- Booklet \$10.00 Donation (please add \$5.00 shipping if mailed) \$ \_\_\_\_\_
- HomeSchool Journal \$20.00 Donation (please add \$7.00 shipping if mailed) \$ \_\_\_\_\_
- Voluntary Donation \$ \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

Form updated December 2023

**Mail to:**  
 Families for Home Education  
 P. O. Box 261, Maryville, MO 64468  
 Or Join or Renew online at:  
 www.fhe-mo.org

**FOR OFFICE USE ONLY**

Check # \_\_\_\_\_

Cash \_\_\_\_\_

PayPal \_\_\_\_\_

Date received \_\_\_\_\_

**Curriculum Options** (These are resources for you to research on your own for the best fit for your child.)

<b>Subject</b>	<b>Preschool-K</b>	<b>Elementary</b>	<b>Middle School</b>	<b>High School</b>
Language Arts	ABC's series, Progressive Phonics, Happy Phonics, Explode the Code, Bob Books, Reading Made Easy, Teach Your Child to Read in 100 Easy Lessons, Reading Eggs, Hooked On Phonics	Bravewriter, Sequential Spelling, Total Language Plus, All About Spelling, Explode the Code, First Language Lessons, Learning Language Arts Through Literature, Essentials in Writing, Reading Eggs, Jump In, Institute for Excellence in Writing, Easy Grammar, Daily Grams, Wordly Wise, Handwriting Without Tears	Bravewriter, Total Language Plus, Progeny Press, Saxon Grammar, Easy Grammar, Daily Grams, Wordly Wise, Institute for Excellence, Essentials in Writing, Essentials in Literature, Jump In, Spelling Power	Bravewriter, Total Language Plus, Progeny Press, Easy Grammar, Daily Grams, Wordly Wise, Institute for Excellence, Essentials in Writing, Essentials in Literature, Spelling Power, One Year Novel, Notgrass, The Good and the Beautiful
Math	Horizons, Math Seeds	Saxon, Teaching Textbooks, RightStart Math, Math-U-See, Singapore, Life of Fred, Horizons, Math Mammoth, IXL, Math Seeds, Art of Problem Solving, Beast Academy	Saxon, Teaching Textbooks, Math-U-See, Life of Fred, Math Mammoth, IXL, Art of Problem Solving	Saxon, Teaching Textbooks, Math-U-See, Life of Fred, Math Mammoth, IXL, Art of Problem Solving, Math Without Borders
Social Studies		Pandia Press, Mystery of History, Story of the World, Galloping the Globe, Beautiful Feet, Prairie Primer, Around the Word in 180 Days, Diana Waring History Revealed, Master Books, Curiosity Chronicles	Pandia Press, Mystery of History, Story of the World, Diana Waring History Revealed, Master Books, Notgrass, Greenleaf Press Famous Men Series	Pandia Press, Mystery of History, Diana Waring History Revealed, Master Books, Notgrass, Streams of Civilization, Veritas Press
Science	MO Conservation Department	MO Conservation Department, Exploring God's World, Apologia, Noeo, Master Books, Pandia Press, Berea Builders REAL Science Odyssey	MO Conservation Department, Apologia, Berean Builders, Master Books, The Story of Science Series, Pandia Press	Apologia, Berean Builders, Master Books, The Story of Science Series, Pandia Press
Multiple Subjects	Weaver Interlock, Horizon Preschool, Five in a Row, Rod and Staff, Build Your Library, Blossom and Root, Moving Beyond the Page, My Fathers World Abeka, Alpha Omega, Bob Jones, Book Shark, The Good and the Beautiful	Build Your Library, Moving Beyond the Page, Sonlight, My Fathers World, Bob Jones, Alpha Omega, Abeka, Rod and Staff, Five in a Row, Book Shark, The Good and the Beautiful, Blossom and Root	Build Your Library, Moving Beyond the Page, Sonlight My Fathers World. Bob Jones, Alpha Omega, Abeka, Rod and Staff, Five in a Row, Book Shark, The Good and the Beautiful	Build Your Library, Moving Beyond the Page, Sonlight, My Fathers World, Bob Jones, Alpha Omega, Abeka, Book Shark
Online Options	Easy Peasy, Time4Learning, Torchlight, Discovery K12, Ambleside Online, Out School, Oak Meadow, Power Homeschool, Secular Eclectic Academic (SEA) Online	Easy Peasy, Time4Learning, Torchlight, Discovery K12, Ambleside Online, Out School, Oak Meadow, Power Homeschool, Khan Academy, Monarch, Secular Eclectic Academic (SEA) Online	Easy Peasy, Time4Learning, Discovery K12, Ambleside Online, Out School, Oak Meadow, Power Homeschool, Khan Academy, Monarch, Secular Eclectic Academic (SEA) Online	Easy Peasy, Time4Learning, Discovery K12, Ambleside Online, Out School, Oak Meadow, Power Homeschool, Khan Academy, Monarch, Secular Eclectic Academic (SEA) Online

## **Basic Information:**

**IF** you have a child who has NOT been in the public school system for K or 1st grade (public school preschool does not count), then you will not have to notify anyone with a withdrawal letter.

**IF** your child HAS been enrolled in public school K for the fall and withdraw before the school starts back after New Year's, then you will need to contact FHE

([region5director@fhe-mo.org](mailto:region5director@fhe-mo.org)) for the appropriate withdrawal letter. Send as described below. In both cases, you will NOT have to keep records or track hours until that child's 7<sup>th</sup> birthday.

**IF** you have a child in public school K into the second half of the year or all 1<sup>st</sup> graders who have attended K the previous school year, you will need the normal withdrawal letter below and keep hours / records even if the child is not 7 years old yet. All other grades will need the normal withdrawal letter below.

**IF** you have moved to Missouri from another state, a withdrawal letter is not needed regardless of grade.

**IF** you have a 16 year old and pulling from high school, you will need to withdraw, but you will not need to follow the law for records or hours. You will only need to deal with any documentation you need for a transcript.

Here are the basics that you need to know. First, you will want to send the school a withdrawal letter (one per child). If at a private school, then follow their exit policy. Here is a sample you can use. <https://fhe-mo.org/withdrawalletter> Send it to the superintendent or principal by certified mail. This way you can track your letter to ensure that it is received by the school. Keep copies of receipts and delivery information. Please do **not** sign the letter from the school since you are not required by law to do so, and they use their letter to continue to receive partial funding for your child who is no longer there.

Now for the law. <https://fhe-mo.org/missourilaw> Our school year runs from July 1 to June 30. That does not mean you have to open the schoolbook on July 1, but you can start logging educational hours. Lots of things count in the summer like PE, field trips, art projects, music, ALL reading and audiobooks, documentaries, life skills like cooking, etc. We need 1000 hours of instruction during this time frame. At least 600 of the 1000 hours need to be in the following subjects that we like to call core: reading, language arts, math, science, social studies, or academic courses that are related to such subject areas and consonant with the child's age and ability. You are not required to have a certain number of hours in each subject, just a total of 600 hours. At least 400 of those 600 hours need to be at your regular home school location, which for most of us is our own homes. That leaves you with 400 additional hours (1000-600) that can be whatever you want: more of the core, all non-core or any combo. Non-core hours are subjects like PE, music, art, life skills, computer skills, etc.

You also need to keep some records.

(a) Maintain the following records:

- a. A plan book, diary, or other written record indicating subjects taught and activities engaged in; and
- b. A portfolio of samples of the child's academic work; and
- c. A record of evaluations of the child's academic progress; or
- d. Other written, or credible evidence equivalent to subparagraphs a., b. and c.;

AND

3. The production of a daily log by a parent, guardian, or other person having control or custody of a child showing that a home school has a course of instruction that satisfies the requirements of this section and section 167.031 or, in the case of a pupil sixteen years of age or older who attended a metropolitan school district the previous year, a written statement that the pupil is attending home school in compliance with section 167.031 shall be a defense to any prosecution under section 167.031 and to any charge or action for educational neglect brought under chapter 210. Home school education enforcement and records pursuant to this section, and sections 210.167 and 211.031, shall be subject to review only by the local prosecuting attorney.

\*A plan book can be anything: teacher lesson book, calendar, journal, notebook, Word/Google doc, etc. Just needs to list out what you have done and where you have gone.

Example:

Tuesday, Mar 10

Math - lesson 50 OR multiplication worksheet (30 minutes)

Language Arts- spelling list #25 and read chapter 2 of Charlotte's Web (45 minutes)

Science - field trip to Science Center (3 hours)

Keep things split out by subject. The non-core can be dumped into one title (non-core) or into different subjects (PE, music, art, etc.).

\*The portfolio of samples is just that. You don't have to keep everything, but you do need some throughout the year in the subjects.

\*The evaluation can be a standardized test IF that is what you choose. We are not required to do testing as homeschoolers. Other options for the evaluation are creating a report card, keeping quizzes/tests (can also be part of our samples), or doing a brief write-up of what has been accomplished and what still needs work.

Example:

Math - knows multiplication tables and ready for double digits, still needs practice on division

Language Arts - finished 2nd grade spelling and grammar, ready for 3rd grade; needs work on reading comprehension

### **USED Curriculum Options: (Also check with your local area for options):**

Homeschool Curriculum Marketplace

[https://www.facebook.com/groups/Homeschool.Curriculum.Marketplace/?hc\\_location=ufi](https://www.facebook.com/groups/Homeschool.Curriculum.Marketplace/?hc_location=ufi)

Homeschool Curriculum Sell/Exchange

[https://www.facebook.com/groups/homeschoolcurriculumexchange/?hc\\_location=ufi](https://www.facebook.com/groups/homeschoolcurriculumexchange/?hc_location=ufi)

### **High School Information:**

As homeschoolers, we have no high school graduation requirements. You will issue the diploma and transcript which are both legal. The first big question to consider is what your teen is planning on after graduation. Although we can legally do whatever we want and graduate our teens, colleges, tech schools, and the military all have specific requirements. We generally recommend going with a college prep route simple because teens change their minds, and you just don't know what they will end up doing. You do not have to spend a fortune on curriculum. Again, you need to decide if you want online or books, religious based or secular. Some are actually free like Easy Peasy All in One, Khan Academy, and Discovery K12 (not the same as the public school online K12 program). Dual enrollment at the community college is also a great option. One semester class at the college gets the college credit but also worth one full year credit on the high school transcript. The cost does come out of your pocket, but much cheaper than regular college costs.

### **High School Resources:**

FAFSA (federal money for college) <https://studentaid.gov/h/apply-for-aid/fafsa>

PSAT, AP, SAT, CLEP tests <https://www.collegeboard.org/>

ACT test <http://www.act.org/content/act/en/products-and-services/the-act.html>

CLT – relatively new test, not accepted at all colleges <https://www.cltexam.com/home>

List of specialized / technical colleges in Missouri

<https://www.accreditedschoolsonline.org/vocational-trade-school/missouri/>

Ranken Technical College <https://ranken.edu/>

Military ASVAB Test <http://www.military.com/join-armed-forces/asvab/>

## Scholarship Searches

Fastweb

<http://www.fastweb.com/>

## Homeschool Codes

PSAT-992699

SAT-970000

ACT-969999

## Ideas for Each Subject:

English Language Arts: English 1-4, Composition 1 & 2, Creative Writing, English Literature, American Literature, Shakespeare & History, Literature & Film, Speech, Public Speaking, Debate

Math: Algebra 1, 2, & 3, Geometry, Pre-Calculus, Trigonometry, Calculus, Statistics

Social Studies: US History, World History, Government (semester), Civil War & Reconstruction, Law & Justice, Constitutional Law, Economics, Psychology (semester), MO History, Geography

Science: Physical Science, Biology, Chemistry, Physics, Earth Science, Human Anatomy, Marine Biology, Forensic Science, Zoology, Astronomy, Meteorology

Fine Arts: Design Arts 1 & 2, Drawing 1 & 2, Photography 1 & 2, Art History, Music History, Theater Arts, Choir, Symphonic Orchestra, Jazz Band, Piano, Guitar

Practical Arts: Introduction to Computer Science, Web Design, Desktop Publishing, Microsoft Office (semester), Introduction to Java Programming, Basic & Intermediate Foods, Culinary Arts 1 & 2, Clothing 1 & 2, Child Development 1 & 2, Housing and Interior Design, Accounting, Introduction to Business, Marketing, Journalism, Yearbook 1 & 2, Newspaper Production

Physical Fitness: Healthy Active Living, Beginning & Advanced Strength Training, Aerobic Training, Team Sports, Cycling, Walking Fitness, Basic Aquatic Skills, Lifeguard Training, First Aid/CPR Training, Dance

## Recommended College Prep Route:

4 credits of English

3-4 credits of Math (MO state universities require 4)

3 credits of Science

3 credits of Social Studies ( 1 credit each of US History and World History, and a semester credit each of US Government and elective)

1 credit each of PE, Fine Arts, and Practical Arts

Semester each of Health and Personal Finance (can be the Social Studies elective)

2 credits of the same Foreign Language (some colleges no longer require)

Electives

Total of 24 credits or more

## 4 Year Planning Sheet – Recommended College Bound

Course	9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade	Total Credits
<b>English-4</b> (Includes 2 units of composition and writing)					
<b>Math- 3 or 4</b> (Algebra 1 or higher, middle school or high school)					
<b>Social Studies-3</b> (US History, World, ½ Government, ½ Elective)					
<b>Science-3-4</b> (at least 1-2 labs)					
<b>Foreign Language-2</b> (same language)					
<b>Fine Arts-1</b>					
<b>Practical Arts-1</b>					
<b>Physical Education-1</b>					
<b>Personal Finance-1/2</b>					
<b>Health-1/2</b>					
<b>Electives-4+</b>					
<b>Total Credits</b> (24 recommended for graduation)					



**OFFICIAL HIGH SCHOOL TRANSCRIPT**

STUDENT INFORMATION	SCHOOL INFORMATION
<b>FULL NAME:</b>	<b>NAME:</b>
<b>ADDRESS:</b>	<b>ADDRESS:</b>
<b>PHONE NUMBER:</b>	<b>PHONE NUMBER:</b>
<b>E-MAIL ADDRESS:</b>	<b>E-MAIL ADDRESS:</b>
<b>DATE OF BIRTH:</b>	
<b>PARENT/GUARDIAN:</b>	

**ACADEMIC RECORD**

SCHOOL YEAR:	GRADE LEVEL:		SCHOOL YEAR:	GRADE LEVEL:	
<i>Course Title</i>	<i>Credit Earned</i>	<i>Final Grade</i>	<i>Course Title</i>	<i>Credit Earned</i>	<i>Final Grade</i>

Total Credits:	GPA:	Cumulative GPA:	Total Credits:	GPA:	Cumulative GPA:
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SCHOOL YEAR:	GRADE LEVEL:		SCHOOL YEAR:	GRADE LEVEL:	
<i>Course Title</i>	<i>Credit Earned</i>	<i>Final Grade</i>	<i>Course Title</i>	<i>Credit Earned</i>	<i>Final Grade</i>

Total Credits:	GPA:	Cumulative GPA:	Total Credits:	GPA:	Cumulative GPA:
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<b>ACADEMIC SUMMARY</b>  CUMULATIVE GPA:  CREDITS EARNED:  DIPLOMA EARNED:  GRADUATION DATE:	<b>ATTACHMENTS</b> <input type="checkbox"/> Grading scale <input type="checkbox"/> List of other schools attended <input type="checkbox"/> Other:  <input type="checkbox"/> Other:	I do hereby self-certify and affirm that this is the official transcript and record of <i>(Name of Student)</i> in the academic studies of <i>(Academic Years)</i> .  Signature: _____  Title:  Date:
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Official High School Transcript

**Student Information**

Name:	Gender:	DOB:
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School Name:
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**Extra-Curricular Activities, Academic Awards, Volunteer Work**

Volunteer Work:	Service Hours:	Date:

Extra-Curricular Activities:	
Job Experience:	

Standardized Testing Information:	Date:	Score:

**This signature certifies that the information in this transcript is complete and accurate.**

Signed Name:	Title: Teacher
Printed Name:	Date:

**Disclaimer:**

- Families for Home Education does all it can to ensure that all information listed in this presentation is up-to-date and accurate at the time of the presentation.
- Please note that the inclusion of any activity, organization, supplier, service, or company does not constitute endorsement by Families for Home Education. Each family should decide for themselves which, if any, of these things are appropriate for their own family.
- FHE is not affiliated with any religious or political organization, or special interest group. It is home education, and home education alone, that unites us. The united front we have maintained despite our diversity has resulted in the freedom we enjoy in Missouri.
- Information provided by FHE, or its board and staff, or membership shall not be construed to be legal advice, but only the counsel of experienced home educators. If legal advice is needed, contact an attorney.