What is FHE?
Families for Home Education is the oldest and largest homeschool organization in Missouri; serving ALL home educators since 1983. FHE is operated by a volunteer board of directors, and maintains a lobbyist in Jefferson City throughout the legislative session. For 40 years, FHE’s message has remained the same. We exist to recognize and protect the right of every parent in Missouri to educate their child at home. We seek no financial aid from any government entity, and we ask for no further restrictions on the current statute governing home education in Missouri.
FHE has had many board members, directors, and lobbyists over the years. But the message remains the same. No board member has ever received compensation for their service. Some expenses may be covered, but we remain an all-volunteer organization since 1983. Our strength comes from our membership.

What does FHE do for Homeschoolers in Missouri?
• FHE maintains a lobbyist in Jefferson City throughout the entire legislative session.
• FHE publishes First Things First, a guide for the Missouri Home Educator, providing complimentary copies to libraries, media, school officials, and support group leaders when needed.
• FHE publishes the Homeschool Journal for maintaining your records/hours.
• FHE supplies speakers for your support group meetings or local events and provides informational booths at local events and homeschool conventions.
• FHE publishes a newsletter, the FHE Bulletin, twice a year.
• FHE maintains a legislative alert network to keep you informed when the need arises for quick communication with your legislator regarding pending legislation.
• FHE maintains a website and a toll-free phone line in order to provide service and legally accurate information to home educators throughout the state.
• FHE maintains relationships and communication with HSLDA, working hand-in-hand to ensure your right to home educate in the state of Missouri.
• FHE holds workshops and special events for new home educators in order to connect them with the homeschool community and provides materials and information.
• FHE has acted as a liaison for home school families with the Department of Elementary and Secondary Education, and with the Department of Social Services in Missouri.
• FHE holds an annual homeschool day at the state capitol.
Things you need to know:
Checklist for getting started  https://fhe-mo.org/gettingstartedchecklist
Missouri Homeschool Statutes  https://fhe-mo.org/missourilaw
Withdrawal letter  https://fhe-mo.org/withdrawalletter
Special Needs – IEP letter  https://fhe-mo.org/specialneeds
First Things First book  https://fhe-mo.org/firstthingsfirst
Homeschool Journal  https://fhe-mo.org/firstthingsfirst
Membership ($20/year)  https://fhe-mo.org/join
Find Your FHE Region  https://fhe-mo.org/regions

Facebook Pages:
Families for Home Education business page  https://www.facebook.com/FamiliesforHomeEducation/
MO Homeschooling Parents  https://www.facebook.com/groups/131009374289175/?ref=bookmarks
MO Homeschooling High School  https://www.facebook.com/groups/1972452393073281/

Annual Homeschool Day at the Capitol
March 5, 2024 (First Tuesday in March)

First Things First resource book
$10 donation + $5 shipping
Contains all parts of the Missouri legislative statute that pertain to home education, along with a summary of the law in layman’s terms and clear definitions of how to work within these statutes in your own home. We have also included sample logs and other forms. It also includes curriculum and special needs resources, what to do when someone knocks on your door, how to handle a jury duty summons, and so much more.

Homeschool Journal
$20 donation + $7 shipping
All your record keeping and hour tracking sheets in one place. Plus extras like Field Trips, Thinking Outside the Box, Books Read, etc.
The purpose of FHE is to protect the inalienable right of the parents in the state of Missouri to teach their own children without state regulation or control.

FHE represents and supports the rights of all home educators in the state and is not affiliated with any religious or political organization, or special interest group. We work to win support for home education among the general public and before lawmakers and public officials. Closely monitoring legislative activity in the state capital, through our registered lobbyist, is one of our most important activities. FHE provides legally accurate information to anyone interested in home education.

Membership has its privileges...

FHE members enjoy many services, including: (1) FHE Bulletin newsletters informing them of legal and other issues that affect home educators in Missouri (2 times a year), FHE seals for high school diplomas for a nominal donation, (3) help with contacts by government officials, (4) representation in Jefferson City by the registered FHE lobbyist, (5) Email alerts and notices (please add info@fhe-mo.org to your email address book) (6) Member Resource Downloads: Lesson Plan Book, Excel Hour Log, fillable transcripts, Children’s Activities, (7) HSLDA discount group # 294058.

PLEASE PRINT CLEARLY:

First/Last Names: ____________________________________ Spouse: ____________________________

Address: _____________________________________________________________________________

City: __________________________________ State: __________________________ Zip Code: ___________

Telephone # (___) _____________________________

Email: ________________________________________

As an FHE member you will be added to the FHE email list to receive alert notices, newsletter website posting, and occasional informational emails. If you do NOT want to receive these emails please check here. ____

Date: ____________________________

Mail to:
Families for Home Education
P. O. Box 261, Maryville, MO 64468
Or Join or Renew online at:
www.fhe-mo.org

FOR OFFICE USE ONLY

Check # ____________________________
Cash ____________________________
PayPal ____________________________
Date received ____________________________

Make Checks to Families for Home Education, Inc.

☐ 1 Year Membership ($20 annually) $________________________
☐ 2 Year Membership ($35 biennial) $________________________
☐ Already a member? Auto Renew: ONLINE ONLY ($18.00 annually after 1st year)

First Things First: A Guide for the Missouri Home Educator (80 page booklet)
Homeschool Journal for Missouri Record Keeping (132 pages)
☐ Booklet $10.00 Donation (please add $5.00 shipping if mailed) $_______
Homeschool Journal $20.00 Donation (please add $7.00 shipping if mailed) $_______
☐ Voluntary Donation $________________________

Total Enclosed $__________________________

Form updated November 2023
<table>
<thead>
<tr>
<th>Subject</th>
<th>Preschool-K</th>
<th>Elementary</th>
<th>Middle School</th>
<th>High School</th>
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<tr>
<td>Studies</td>
<td>Weaver Interlock, Horizon Preschool, Five in a Row, Rod and Staff, Build Your Library, Blossom and Root, Moving Beyond the Page, My Fathers World Abeka, Alpha Omega, Bob Jones, Book Shark, The Good and the Beautiful</td>
<td>Build Your Library, Moving Beyond the Page, Sonlight, My Fathers World, Bob Jones, Alpha Omega, Abeka, Rod and Staff, Five in a Row, Book Shark, The Good and the Beautiful, Blossom and Root</td>
<td>Build Your Library, Moving Beyond the Page, Sonlight, My Fathers World, Bob Jones, Alpha Omega, Abeka, Rod and Staff, Five in a Row, Book Shark, The Good and the Beautiful</td>
<td>Build Your Library, Moving Beyond the Page, Sonlight, My Fathers World, Bob Jones, Alpha Omega, Abeka, Book Shark</td>
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<tr>
<td>Multiple</td>
<td>Easy Peasy, Time4Learning, Torchlight, Discovery K12, Ambleside Online, Out School, Oak Meadow, Power Homeschool, Secular Eclectic Academic (SEA) Online</td>
<td>Easy Peasy, Time4Learning, Torchlight, Discovery K12, Ambleside Online, Out School, Oak Meadow, Power Homeschool, Khan Academy, Monarch, Secular Eclectic Academic (SEA) Online</td>
<td>Easy Peasy, Time4Learning, Discovery K12, Ambleside Online, Out School, Oak Meadow, Power Homeschool, Khan Academy, Monarch, Secular Eclectic Academic (SEA) Online</td>
<td>Easy Peasy, Time4Learning, Discovery K12, Ambleside Online, Out School, Oak Meadow, Power Homeschool, Khan Academy, Monarch, Secular Eclectic Academic (SEA) Online</td>
</tr>
<tr>
<td></td>
<td>Options</td>
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</tbody>
</table>
Basic Information:

If you have a child who has NOT been in the public school system for K or 1st grade (public school preschool does not count), then you will not have to notify anyone with a withdrawal letter.

If your child HAS been enrolled in public school K for the fall and withdraw before the school starts back after New Year’s, then you will need to contact FHE (region5director@fhe-mo.org) for the appropriate withdrawal letter. Send as described below. In both cases, you will NOT have to keep records or track hours until that child’s 7th birthday. If you have a child in public school K into the second half of the year or all 1st graders who have attended K the previous school year, you will need the normal withdrawal letter below and keep hours / records even if the child is not 7 years old yet. All other grades will need the normal withdrawal letter below.

If you have moved to Missouri from another state, a withdrawal letter is not needed regardless of grade.

If you have a 16 year old and pulling from high school, you will need to withdraw, but you will not need to follow the law for records or hours. You will only need to deal with any documentation you need for a transcript.

Here are the basics that you need to know. First, you will want to send the school a withdrawal letter (one per child). If at a private school, then follow their exit policy. Here is a sample you can use.  https://fhe-mo.org/withdrawalletter Send it to the superintendent or principal by certified mail. This way you can track your letter to ensure that it is received by the school. Keep copies of receipts and delivery information. Please do not sign the letter from the school since you are not required by law to do so and they use their letter to continue to receive partial funding for your child who is no longer there.

Now for the law.  https://fhe-mo.org/missourilaw Our school year runs from July 1 to June 30. That does not mean you have to open the schoolbook on July 1, but you can start logging educational hours. Lots of things you can count in the summer like PE, field trips, art projects, music, ALL reading/audiobooks, documentaries, life skills like cooking, etc. We need 1000 hours of instruction during this time frame. At least 600 of the 1000 hours need to be in 5 main subjects that we like to call core: reading, language arts, math, science, and social studies. You are not required to have a certain number of hours in each subject, just a total of 600 hours. At least 400 of those 600 hours need to be at your regular home school location, which for most of us is our own homes. That leaves you with 400 additional hours (1000-600) that can be whatever you want: more of the core, all non-core or any combo. Non-core hours are subjects like PE, music, art, life skills, computer skills, etc.

You also need to keep some records.

(a) Maintain the following records:

a. A plan book, diary, or other written record indicating subjects taught and activities engaged in; and
b. A portfolio of samples of the child's academic work; and
c. A record of evaluations of the child's academic progress; or
d. Other written, or credible evidence equivalent to subparagraphs a., b. and c.;

AND

5. The production by a parent of a daily log showing that a home school has a course of instruction which satisfies the requirements of this section or, in the case of a pupil over the age of sixteen years who attended a metropolitan school district the previous year, a written statement that the pupil is attending home school in compliance with this section shall be a defense to any prosecution under this section and to any charge or action for educational neglect brought pursuant to chapter 210.
A plan book can be anything: teacher lesson book, calendar, journal, notebook, Word/Google doc, etc. Just needs to list out what you have done and where you have gone.

Example:

Tuesday, Mar 10
Math - lesson 50 OR multiplication worksheet (30 minutes)
Language Arts - spelling list #25 and read chapter 2 of Charlotte's Web (45 minutes)
Science - field trip to Science Center (3 hours)

Keep things split out by subject. The non-core can be dumped into one title (non-core) or into different subjects (PE, music, art, etc.).

*The portfolio of samples is just that. You don't have to keep everything, but you do need some throughout the year in the subjects.

*The evaluation can be a standardized test IF that is what you choose. We are not required to do testing as homeschoolers. Other options for the evaluation are creating a report card, keeping quizzes/tests (can also be part of our samples), or doing a brief write-up of what has been accomplished and what still needs work.

Example:

Math - knows multiplication tables and ready for double digits, still needs practice on division
Language Arts - finished 2nd grade spelling and grammar, ready for 3rd grade; needs work on reading comprehension

**USED Curriculum Options:** (Also check with your local area for options):

Homeschool Curriculum Marketplace

Homeschool Curriculum Sell/Exchange
https://www.facebook.com/groups/homeschoolcurriculumexchange/?hc_location=ufi

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**High School Information:**

As homeschoolers, we have no high school graduation requirements. You will issue the diploma and transcript which are both legal. The first big question to consider is what your teen is planning on after graduation. Although we can legally do whatever we want and graduate our teens, colleges, tech schools, and the military all have specific requirements. We generally recommend going with a college prep route simple because teens change their minds, and you just don't know what they will end up doing. You do not have to spend a fortune on curriculum. Again, you need to decide if you want online or books, religious based or secular. Some are actually free like Easy Peasy All in One, Khan Academy, and Discovery K12 (not the same as the public school online K12 program). Dual enrollment at the community college is also a great option. One semester class at the college gets the college credit but also worth one full year credit on the high school transcript. The cost does come out of your pocket, but much cheaper than regular college costs.

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**High School Resources:**

- FAFSA (federal money for college)
  https://fafsa.ed.gov/

- PSAT, AP, SAT, CLEP tests
  https://collegereadiness.collegeboard.org/

- ACT test

- ACT-new options beginning fall 2020

- CLT – relatively new test, not accepted at all colleges
  https://www.cltexam.com/home

- List of specialized / technical colleges in Missouri
  https://www.accreditedschoolsonline.org/vocational-trade-school/missouri/

- Ranken Technical College
  https://ranken.edu/

- Military ASVAB Test
  http://www.military.com/join-armed-forces/asvab/
Scholarship Searches
Fastweb http://www.fastweb.com/
Chegg https://www.chegg.com/scholarships

Homeschool Codes
PSAT-992699 SAT-970000 ACT-969999

Ideas for Each Subject:
English Language Arts: English 1-4, Composition 1 & 2, Creative Writing, English Literature, American Literature, Shakespeare & History, Literature & Film, Speech, Public Speaking, Debate
Math: Algebra 1, 2, & 3, Geometry, Pre-Calculus, Trigonometry, Calculus, Statistics
Science: Physical Science, Biology, Chemistry, Physics, Earth Science, Human Anatomy, Marine Biology, Forensic Science, Zoology, Astronomy, Meteorology
Fine Arts: Design Arts 1 & 2, Drawing 1 & 2, Photography 1 & 2, Art History, Music History, Theater Arts, Choir, Symphonic Orchestra, Jazz Band, Piano, Guitar
Physical Fitness: Healthy Active Living, Beginning & Advanced Strength Training, Aerobic Training, Team Sports, Cycling, Walking Fitness, Basic Aquatic Skills, Lifeguard Training, First Aid/CPR Training, Dance

Recommended College Prep Route:
4 credits of English
3-4 credits of Math (MO state universities require 4)
3 credits of Science
3 credits of Social Studies (1 credit each of US History and World History, and a semester credit each of US Government and elective)
1 credit each of PE, Fine Arts, and Practical Arts
Semester each of Health and Personal Finance (can be the Social Studies elective)
2 credits of the same Foreign Language (some colleges no longer require)
Electives
Total of 24 credits or more
<table>
<thead>
<tr>
<th>Course</th>
<th>9th Grade</th>
<th>10th Grade</th>
<th>11th Grade</th>
<th>12th Grade</th>
<th>Total Credits</th>
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<tbody>
<tr>
<td>English-4</td>
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<td>(Includes 2 units of composition and writing)</td>
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<td>Math- 3 or 4</td>
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<td>(Algebra 1 or higher, middle school or high school)</td>
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<td>Social Studies-3</td>
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<tr>
<td>(US History, World, ½ Government, ½ Elective)</td>
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<td>Science-3-4</td>
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<td>(at least 1-2 labs)</td>
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<td>Foreign Language-2</td>
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<tr>
<td>(same language)</td>
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<tr>
<td>Fine Arts-1</td>
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<td>Practical Arts-1</td>
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<tr>
<td>Physical Education-1</td>
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<tr>
<td>Personal Finance-1/2</td>
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<tr>
<td>Health-1/2</td>
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<tr>
<td>Electives-4+</td>
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<tr>
<td>Total Credits</td>
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<tr>
<td>(24 recommended for graduation)</td>
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</table>
# Official High School Transcript

## Student Information

### Full Name:

### Address:

### Phone Number:

### E-mail Address:

### Date of Birth:

### Parent/Guardian:

## School Information

### Name:

### Address:

### Phone Number:

### E-mail Address:

## Academic Record

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<th>School Year:</th>
<th>Grade Level:</th>
<th>Course Title</th>
<th>Credit Earned</th>
<th>Final Grade</th>
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</table>

Total Credits: GPA: Cumulative GPA:  

## Academic Summary

### Cumulative GPA:

### Credits Earned:

### Diploma Earned:

### Graduation Date:

### Attachments

- Grading scale
- List of other schools attended
- Other:

I do hereby self-certify and affirm that this is the official transcript and record of (Name of Student) in the academic studies of (Academic Year).

Signature:  

Title:  

Date:
**Student Information**

<table>
<thead>
<tr>
<th>Name:</th>
<th>Gender:</th>
<th>DOB:</th>
<th>School Name:</th>
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**Extra-Curricular Activities, Academic Awards, Volunteer Work**

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<th>Volunteer Work:</th>
<th>Service Hours:</th>
<th>Date:</th>
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<table>
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<tr>
<th>Extra-Curricular Activities:</th>
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<table>
<thead>
<tr>
<th>Job Experience:</th>
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**Standardized Testing Information:**

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<th>Date</th>
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This signature certifies that the information in this transcript is complete and accurate.

<table>
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<th>Signed Name:</th>
<th>Title: Teacher</th>
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<table>
<thead>
<tr>
<th>Printed Name:</th>
<th>Date:</th>
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</table>
Disclaimer:

- Families for Home Education does all it can to ensure that all information listed in this presentation is up-to-date and accurate at the time of the presentation.
- Please note that the inclusion of any activity, organization, supplier, service, or company does not constitute endorsement by Families for Home Education. Each family should decide for themselves which, if any, of these things are appropriate for their own family.
- FHE is not affiliated with any religion, political organization, or special interest group. It is home education, and home education alone, that unites us. The united front we have maintained despite our diversity has resulted in the freedom we enjoy in Missouri.
- Information provided by FHE, or its board and staff, or membership shall not be construed to be legal advice, but only the counsel of experienced home educators. If legal advice is needed, contact an attorney.